



Lutheran
Health Network

Lutheran Children's Hospital

Lutheran Hospital is owned in part by physicians.



Lutheran Children's Hospital and Easterseals Arc are Continuing to Offer Special Workshops for Siblings - **Sibshops**

Lutheran Children's Hospital and Easterseals Arc of Northeast Indiana have worked in tandem entering the 10th year to offer a fun **Sibshop** designed especially for brothers and sisters of children with disabilities and/ or special health concerns.

The goal of **Sibshops** is to provide siblings of children with special needs an opportunity to meet others like them in a relaxed setting, discuss common joys and concerns, find out how others handle similar situations and learn more about the implications of their sibling's special needs.

Sibshops strengthens families because it shines the spotlight on siblings, encouraging them to interact with and support their peers' meanwhile learning ways to deal with challenges they face regularly.

Sibshops are not therapy, group or otherwise, although their effect may be therapeutic for some children. Sibshops focus on the well-being of a family member most likely to have the longest-lasting relationship with a sibling with special health or physical needs.

Grade school(ages 7-12) - We meet from **10am-2pm** at the Mad Anthony's Children's Hope House on Lutheran Hospital Campus. Cost: \$10 includes lunch and t-shirt / \$5 lunch, no t-shirt.

Jr. high/middle school - We meet from **12pm- 3pm** at Mad Anthony's Children's Hope House on Lutheran Hospital Campus. This group will mentor the younger group, 12-2pm, and then have their own time. No Cost for this group. (T-shirts are available for \$5)

High school - We meet from **2pm – 4pm** at Mad Anthony's Children's Hope House on Lutheran Hospital Campus. This group will mentor the middle group, 2-3pm, and then have their own time. No Cost for this group. (T-shirts are available for \$5)

Dates of the 2018 **Sibshops** - All Sibshops are on Saturdays:

- January 20, 2018
- February 17, 2018
- **Teens Only, March 17,12-4pm**
- April 21, 2018
- September 15, 2018
- October 20, 2018
- November 17, 2018

To register: call Ashley Gettys at (260)456-4534 x279 or go to www.eastersealsarcnein.org print the application, complete and mail or fax . Mailing address: Easterseals Arc, 4919 Coldwater Road, Fort Wayne, IN 46825. Fax number: (260)745-5200.